

Medication Instructions for Reverse Total Shoulder **Arthroplasty**

FIRST 24 HOURS PRIOR TO SURGERY:

1. Celebrex 200 mg twice daily with food to be taken at 8:00 a.m. and 8:00 p.m.
2. Lyrica 50 mg twice daily to be taken at 8:00 a.m. and 8:00 p.m.
3. OxyContin 10 mg twice daily to be taken at 8:00 a.m. and 8:00 p.m.

POST OPERATIVE MEDICATION REGIMEN:

1. Celebrex 200 mg twice daily with food for a total of 2 weeks until prescription is completed
2. Lyrica 50 mg twice daily for total of 2 weeks until prescription is completed
3. Tylenol 1000 mg to be taken 3 times daily for 1 week. Then can be take it as needed for pain. Patient needs to purchase over-the-counter 500 mg Tylenol tablets.
4. Dilaudid 2 mg every 4 hours as needed for pain with a total of 20 pills.