

Medication Instructions for Direct Anterior Total Hip Arthroplasty

FIRST 24 HOURS PRIOR TO SURGERY:

1. Mobic 15 mg once daily with food to be taken at 8:00 a.m.
2. OxyContin 10 mg twice daily to be taken at 8:00 a.m. and 8:00 p.m.

POST OPERATIVE MEDICATION REGIMEN:

1. Mobic 15 mg to be taken once daily with food until prescription is completed.
2. Tylenol 1000 mg to be taken 3 times daily for 1 week. Then can be take it as needed for pain. Patient needs to purchase over-the-counter 500 mg Tylenol tablets.
3. Aspirin 81 mg to be taken twice daily for a total of 6 weeks. For DVT prophylaxis.
4. Dilaudid 2 mg every 4 hours as needed for pain with a total of 20 pills.