

Medication Instructions for Direct Anterior Total Hip Arthroplasty

FIRST 24 HOURS PRIOR TO SURGERY:

Anti-Inflammatories

- Mobic 15 mg once daily with food to be taken at 8:00 a.m.
- Celebrex 200 mg twice daily with food to be taken at 8:00 a.m. and 8:00 p.m.

Pain Medications

- OxyContin 10 mg twice daily to be taken at 8:00 a.m. and 8:00 p.m.

Nerve Pain (not for those older than 65)

- Lyrica 50 mg twice daily to be taken at 8:00 a.m. and 8:00 p.m.
- Neurontin 300 mg twice daily to be taken at 8:00 a.m. and 8:00 p.m.

POST OPERATIVE MEDICATION REGIMEN:

Anti-Inflammatories

- Mobic 15 mg to be taken once daily with food until prescription is completed.
- Celebrex 200 mg twice daily with food to be taken at 8:00 a.m. and 8:00 p.m.

Pain Medications

- Tylenol 1000 mg to be taken 3 times daily for 1 week. Then can be take it as needed for pain. Patient needs to purchase over-the-counter 500 mg Tylenol tablets.
- OxyContin 10 mg twice daily to be taken at 8:00 a.m. and 8:00 p.m. Take prescription until complete, a total of 4 days.
- Dilaudid 2 mg every 4 hours as needed for pain with a total of 20 pills.

Nerve Pain (not for those older than 65)

- Lyrica 50 mg twice daily to be taken at 8:00 a.m. and 8:00 p.m.
- Neurontin 300 mg twice daily to be taken at 8:00 a.m. and 8:00 p.m.

DVT Prophylaxis

- Aspirin 81 mg to be taken twice daily for a total of 6 weeks.
- Lovenox 40 mg subcutaneous injection once daily. For a total of 4 weeks.