

Covenant Medical Group • Orthopaedics

Orthopaedic Surgery & Sports Medicine • Garrett Kerns, DO

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MEDICATION INSTRUCTIONS FOR REVERSE TOTAL SHOULDER ARTHROPLASTY 65 Years and Over

FIRST 24 HOURS PRIOR TO SURGERY:

- Celebrex® 200 mg twice daily with food to be taken at 8:00 am and 8:00 pm.
- OxyContin® 10 mg twice daily to be taken at 8:00 am and 8:00 pm.

POST-OP MEDICATION REGIMEN:

- Celebrex 200 mg twice daily with food for a total of 2 weeks until prescription is completed.
- Tylenol® 1000 mg to be taken 3 times daily for 1 week. Then can be take it as needed for pain. Patient needs to purchase over-the-counter Tylenol 500 mg tablets.
- Dilaudid® 2 mg every 4 hours as needed for pain. 20 pills total.

