

Covenant Medical Group • Orthopaedics

Orthopaedic Surgery & Sports Medicine • Garrett Kerns, DO

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MEDICATION INSTRUCTIONS

FOR DIRECT ANTERIOR TOTAL HIP ARTHROPLASTY

High Risk DVT, Cardiac Issues, Sulfa Allergy • 65 Years and Over

FIRST 24 HOURS PRIOR TO SURGERY:

- Mobic® 15 mg once daily with food to be taken at 8:00 am.
- OxyContin® 10 mg twice daily to be taken at 8:00 am and 8:00 pm.

POST-OP MEDICATION REGIMEN:

- Mobic 15 mg to be taken once daily with food until prescription is completed.
- Tylenol® 1000 mg to be taken 3 times daily for 1 week. Then can be take it as needed for pain. Patient needs to purchase over-the-counter Tylenol 500 mg tablets.
- Lovenox® 40 mg subcutaneous injection once daily for a total of 4 weeks for DVT prophylaxis.
- Dilaudid® 2 mg every 4 hours as needed for pain. 20 pills total.

