
GARRETT JAMES KERNS D.O.

WORK EXPERIENCE

Covenant Medical Group – Orthopedics (2017-2019)
Covenant Healthcare – Saginaw, MI

Office Address: 900 Cooper Avenue, Suite 3100, Saginaw, MI 48602

POST-GRADUATE EDUCATION

Orthopedic Surgery Internship & Residency (2011 – 2016)
Mercy St. Vincent Medical Center - Toledo, OH

Orthopedic Sports Medicine Fellowship (2016 – 2017)
San Diego Arthroscopy and Sports Medicine Program – San Diego, CA

Orthopedic Hip Preservation Fellowship (2019 – 2020)
University of Colorado Hip Preservation Clinic – Boulder, CO

MEDICAL EDUCATION

Midwestern University (2007 – 2011)
Arizona College of Osteopathic Medicine - Glendale, AZ
Degree: Doctor of Osteopathic Medicine

UNDERGRADUATE EDUCATION

University of California, Davis - Davis, CA (2001 - 2005)
Major: Neurobiology, Physiology and Behavior
Degree: Bachelor of Science

PROFESSIONAL LICENSES/CERTIFICATIONS

• Ohio State Medical Board	Training License	2011 - 2016
• Advanced Trauma Life Support	Certified	2011 - Present
• Advanced Cardiac Life Support	Certified	2011 - Present
• California State Medical Board	Full License	2014 - Present
• DEA	Full License	2014 - Present
• Michigan State Medical Board	Full License	2015 - Present

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- Vermont State Medical Board Full License 2016 - Present
 - Colorado State Medical Board Full License 2019 - Present

STANDARDIZED EXAMINATIONS

- AOBOS Board Examination Step II - Oral October 2016 Passed
- AOBOS Board Examination Step I - Written May 2016 Passed
- Annual Orthopedic In Training Examination 2011 – 2015 Passed
- COMLEX Board Examination Step III February 2012 Passed
- COMLEX Board Examination Step II June 2010 Passed
- USMLE Board Examination Step I June 2009 Passed
- COMLEX Board Examination Step June 2009 Passed

ACADEMIC/PROFESSIONAL ASSOCIATIONS

- American Orthopedic Society for Sports Medicine 2016 – Present
- International Congress for Joint Reconstruction Member 2014 – Present
- Arthroscopy Association of North America Member 2014 – Present
- American Academy of Orthopedic Surgeons Osteopathic Member 2013 – Present
- American Osteopathic Academy of Orthopedics Candidate Member 2011 – Present
- Ohio Osteopathic Association Resident Member 2011 – Present
- American Osteopathic Association Member 2007 – Present

WORK/VOLUNTEER EXPERIENCE

- Locums Tenens – Office and ER Call – Gifford Medical Center Rudolph, VT July 2016
- Orthopedic Moonlighting – St. Joseph Mercy Hospital Ann Arbor, MI 2015 - 2016
- Sideline Physician – Toledo Public High Schools Toledo, OH 2013 - 2016
- Sports Physicals – Mercy Sports Medicine Toledo, OH 2012 – 2016

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- TOPS – Sports Physicals Phoenix, AZ 2009 – 2010
 - Lab Manager – UCD Center for Neurosciences Davis, CA 2004 – 2005
 - Student Tutor – UCD Organic Chemistry and Biochemistry Davis, CA 2002 – 2005

RESEARCH/PUBLICATIONS

- Kerns, G: Distal Biceps Tendon Injuries (2015)
In progress
- Kerns G, Pacelli L: Thumb CMC Arthroplasty with Pyrocarbon Implant: Short to Mid-Term Follow-Up (2015)
In progress
- Kerns G, Andreshak T: Case Report: Complete Motor and Sensory Loss after a Humeral Shaft Fracture. (2014)
In Progress
- Kerns G, Jaebon F: Antibiotic Bone Cement: Review (2014)
In Progress

COURSES/CONTINUING EDUCATION

- AANA Hip Arthroscopy and Patient Outcomes Course – October 2018 – Chicago, IL
- Medacta Anterior Hip and Knee Course – September 2018 – Indianapolis, IN
- AOSSM and ISAKOS Hip Arthroscopy Course – April 2018 – Chicago, IL
- AANA Fall Course – November 2017 – Palm Springs, CA
- Medacta Anterior Hip Course – October 2017 – Indianapolis, IN
- Traveling Hip Fellowship – August through September 2017 – Los Angeles, CA;
Pittsburg, PA; Rochester, NY; Chicago, IL
- Arthrex Fellows Course – Knee and Shoulder – June 2017 – Naples, FL

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- Stryker Fellows Hip Arthroscopy Course – May 2017 – Las Vegas, NV
 - International Sports Medicine Fellows Course – Cartilage and Hip Arthroscopy – Jan 2017 – San Diego, CA
 - Biomet Anterior Hip Course – March 2016 – Richmond, VA
 - Biomet Hip Arthroscopy Course – March 2016 – Denver, CO
 - AANA Fall Course – November 2015 – Grapevine, TX
 - Biomet Sports and Shoulder Course – September 2015 – Celebration, FL
 - San Diego Shoulder Symposium – June 2015 – San Diego, CA
 - AOA Fall Meeting – October 2014 – Ranch Palos Verde, CA
 - Biomet Anterior Hip and Revision Arthroplasty Course - February 2014 - Las Vegas, NV
 - Zimmer Institute National Residents Course for Trauma & Extremities – December 2013 – New York, NY
 - AOSSM Resident Shoulder and Knee Arthroscopy Course - October 2013 - Chicago, IL
 - Stryker Total Hip and Knee Revisions Course - July 2012 - San Diego, CA
 - AO Basic Principles and Techniques of Fracture Management – June 2012 – Marco Island, FL

LECTURES/PRESENTATIONS

- Alternative Rehabilitation and Non-Operative Treatment Options
2016 – UCSD Grand rounds
- Introduction to Knee MRI
2015 – Mercy St. Vincent Medical Center Lecture Series
- Introduction to Shoulder MRI Part 2
2015 – Mercy St Vincent Medical Center Lecture Series

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- Introduction to Shoulder MRI Part 1
2015 – Mercy St Vincent Medical Center Lecture Series
 - Congenital Scoliosis and VACTERL Syndrome
2013 - Pediatric Interesting Cases
 - Acute Compartment Syndrome
2013 - Mercy St Vincent Medical Center Orthopedic Surgery Trauma Lecture Series
 - Orthopedic Infections and Osteomyelitis
2013 - Mercy St Vincent Medical Center Orthopedic Surgery Trauma Lecture Series
 - Peri-prosthetic Fractures
2013 - Mercy St Vincent Medical Center Orthopedic Surgery Trauma Lecture Series
 - Valgus Total Knee Arthroplasty
2013 - Mercy St Vincent Medical Center Orthopedic Surgery Lower Extremity Lecture Series
 - Hallux Valgus
2013 - Mercy St Vincent Medical Center Orthopedic Surgery Lower Extremity Lecture Series
 - Osteoporosis and Fragility Fractures
2013 - Mercy St Vincent Medical Center Orthopedic Surgery Trauma Lecture Series
 - Antibiotic Bone Cement
2013 - JAAOS Review Presentations
 - Outcome Studies in Trauma
2012 - Mercy St Vincent Medical Center Orthopedic Surgery Trauma Lecture Series
 - Principles of Non-operative Fracture Treatment
2012 - Mercy St Vincent Medical Center Orthopedic Surgery Trauma Lecture Series
 - The Epidemiology of Fractures
2012 - Mercy St Vincent Medical Center Orthopedic Surgery Trauma Lecture Series
 - Tourniquet use in Orthopedics

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2012 - Mercy St Vincent Medical Center Orthopedic Surgery Trauma Lecture Series

- Fractures of the Calcaneus
2011 - Mercy St Vincent Medical Center Orthopedic Surgery Trauma Lecture Series

HOBBIES/INTERESTS

- Weightlifting, Hiking and the Outdoors
- Action Movies/Novels
- Architecture
- Collegiate & Professional Sports

SPORTS COVERAGE

- San Diego Chargers – NFL
- San Diego Padres - MLB
- San Diego Gulls – Minor League Hockey
- San Diego State University – Div. I Football and Soccer
- Saginaw Valley State University – Varsity Athletics
- Northern Michigan University – Varsity Athletics
- San Diego Mesa Football – Junior College
- Grossmont College Football – Junior College
- High School Football

REFERENCES

- Available Upon Request